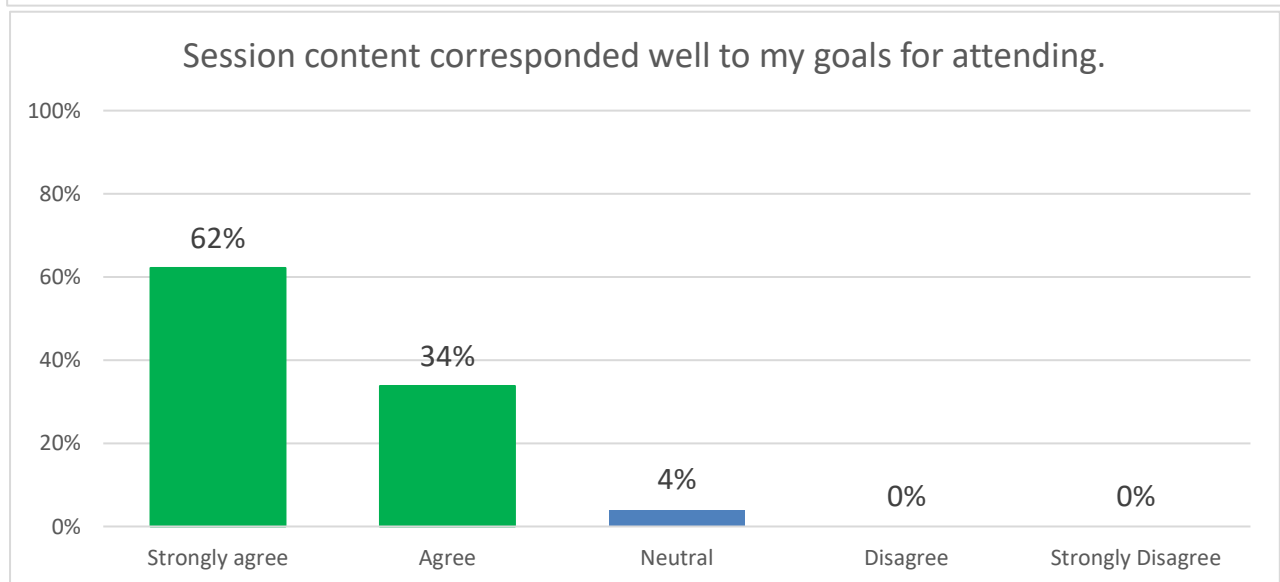
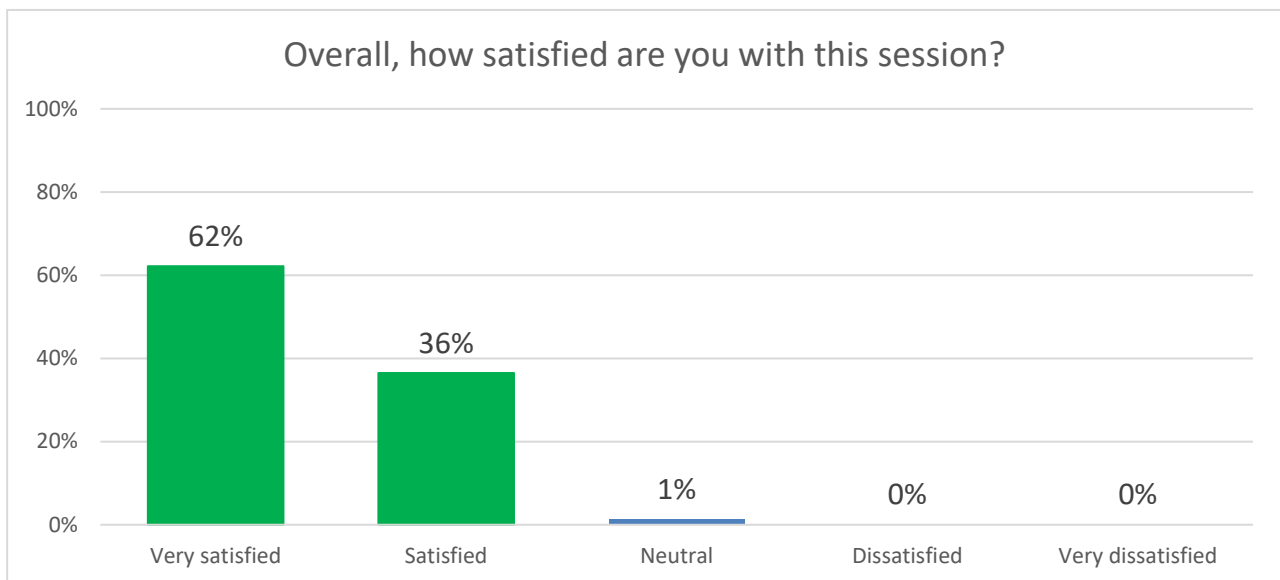




## Love Yourself, Guided by Passion

Andy Hair



# Comments

Andy is a wonderful ambassador for the Health and Physical Education community in Australia and World wide-he shows that!

Andy was fantastic! I love the "physical snack" idea.

Being a dance teacher at Charles Smith Fine Arts Academy in Martinsville, I was amazed to hear that dance was a therapy/tool that he used as part of his brain recovery!! Wow!

Enjoyed hearing Andy speak, hoping we can get him in person in Indiana! Love the "physical snack idea, going to share it with staff at my school!

Fantastic info!! Sharing his story about overcoming his injury and becoming a newer, better person than before. I like that! Recreate a better version!!

Great ideas about physical snacks!! I am thinking of creating 2-3 minute brain break videos consisting of movement and refocusing techniques, that teachers can utilize throughout the day; sometimes live too through google meet or zoom!

Good advice for the coming school year.

Good energy

Nice to hear how a campus started back up. I like the Physical snack and will use that this fall

Great information and thoughts on how we will reenter school. Also very inspiring life story!

He shared about his life adventures which was interesting, but would have liked to have learned more about the topic title of Loving Yourself and Passion.

Helped me self-reflect!

I loved the energy here. it was great to hear how he got his passion back too. I would like to hear him in person.

I really appreciate the resources shared. Thank you!

I'm excited to look through his webpage.

Interesting takeaways for how Australia is handling the school reopening.

It is always fun to listen to Andy! I loved all of the information and stories he told.

It was great hearing from a different perspective!

It was great to hear what is happening at the speaker's school after returning during COVID 19. Loved the ideas and suggested provided on positivity.

Love the passion and enthusiasm!

Love the physical snack idea and look forward to implementing it! Thank you for sharing!

Love your Passion!

Loved the quotes in this one about passion and the physical snacks.

Loved the reminder to look through the teacher's eyes/lenses

Loved, loved, loved this session!

Motivating and informative to start new year

Positivity is going to be HUGE this school year for all. Love the ideas and the psychology behind it all.

Thank you for sharing!

Thank you for sharing!

Thank you for the info

Thank you!

This positive message is just what i needed today!

This session gave me as a teacher a sense of purpose and okay to feel defeated at times. I think it was a good way to realize a lot of teachers can sometimes feel down and out (which is okay), but remembering why I became a teacher and those positive impacts I have had on students.

This was so interesting! Thank you!

Wow, what a personal journey of triumph after his accident. I liked so many things about this session, but his reminder that kids will need to build up their stamina for the classroom with physical snacks was fantastic.